

Boulder, Colorado (Newsworthy.ai) Monday Jan 22, 2024 @ 7:00 AM Eastern —

[Suniasol Integrative Mental Health & Ketamine Clinic](#), a leading mental health clinic in Boulder, is gaining recognition for its innovative approach to mental health treatment. By offering Ketamine-Assisted Psychedelic Treatment, the clinic aims to provide individuals with a unique path to healing and greater well-being.

[Ketamine](#), an NMDA receptor antagonist, is used by the clinic as a consciousness medicine to temporarily silence the Default Mode Network (DMN) in the brain, which is associated with rumination. This allows patients to experience a profound shift in consciousness, facilitating a deep exploration of buried aspects of the unconscious mind. Through this process, patients can metabolize and integrate these aspects, leading to a reduction in symptoms of depression, anxiety, PTSD, and other mental health disorders.

The clinic provides two types of Ketamine treatments - Ketamine Psychedelic Therapy and [Ketamine Psychedelic Intensive](#). Sessions typically last 30 minutes to an hour, during which patients can experience enhanced self-awareness and personal growth. In addition, Ketamine stimulates the production of Brain-Derived Neurotrophic Factor (BDNF), facilitating the formation of healthier mental pathways.

Suniasol Integrative Mental Health & Ketamine Clinic offers a range of services, including individual therapy, group therapy, and integration sessions. To ensure a seamless experience for [prospective patients](#), the clinic provides dedicated support regarding fees and insurance information. Patients who have undergone Ketamine-assisted treatment have shared positive testimonials, attesting to the efficacy of this innovative approach.



This press release is distributed by the [Newsworthy.ai™ Press Release Newswire](#) - News Marketing Platform™. Reference URL for this press release is [here](#).