

Long Beach, CA (Newsworthy.ai) Tuesday Feb 20, 2024 @ 7:00 AM Eastern —

[Pacific Mind Health](#), a leading mental health clinic, is proud to offer state-of-the-art Transcranial Magnetic Stimulation (TMS) therapy services in Long Beach, CA. With a dedicated team of experienced professionals, Pacific Mind Health aims to revolutionize mental health treatment by providing effective and innovative therapies.

As a comprehensive mental health clinic, Pacific Mind Health offers a wide range of services including TMS therapy, [Ketamine/Spravato therapy](#), ADHD services, telepsychiatry services, psychotherapy, and pharmacogenomic testing. Its dedicated team consists of highly specialized psychiatrists, physician assistants, and mental health nurse practitioners who excel in medication management, as well as psychotherapy providers who offer various therapeutic approaches.

[TMS therapy](#), one of Pacific Mind Health's flagship services, utilizes magnetic fields to stimulate nerve cells in the brain, providing relief to patients battling depression. Cleared by the FDA and recommended by the American Psychiatric Association, TMS therapy has emerged as an effective alternative for those who have not responded positively to traditional treatments.

Pacific Mind Health is committed to making [TMS therapy](#) accessible to all patients. They facilitate insurance verification and offer informational sessions to guide patients throughout the treatment process. In addition, they provide Ketamine/Spravato therapy, which has shown promising results in the treatment of depression.

Pacific Mind Health offers Express TMS, a cutting-edge protocol that delivers the therapy in just three minutes per session. With this efficient approach, patients can receive comprehensive care without disrupting their daily routines.

To further extend their support, Pacific Mind Health provides a complimentary consultation to evaluate if TMS therapy is suitable for each individual. By leveraging their expertise and utilizing advanced technologies, Pacific Mind Health is dedicated to offering the most effective mental health treatments to their patients.



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