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[Options Addictions & Recovery](#), a leading provider of counseling services in the Reading area, is dedicated to helping individuals overcome addiction and improve their mental health. With a team of dedicated professionals and a wide range of services, Options Counseling Services is committed to providing personalized care and support to individuals struggling with addiction, mental health issues, and life-controlling problems.

[Addiction](#) is a complex problem that can significantly impact an individual's life. Recognizing the need for specialized care, Options Counseling Services offers individual, family, and group counseling sessions to address each client's unique needs. These sessions provide a safe and supportive environment for individuals to explore their challenges, develop coping strategies, and work toward recovery.

[Addiction](#) and mental health issues can be overwhelming. Their compassionate and experienced team is here to help individuals navigate these challenges and find the support they need to overcome them. They believe counseling services play a crucial role in recovery by providing individuals with the tools and resources necessary to make positive life changes.

[Options Addiction and Recovery](#) Services also offers medication and case management services alongside counseling sessions. These additional services ensure that individuals receive comprehensive care and support for their addiction and mental health issues.

At [Options Counseling Services](#), the focus is on empowering individuals to make positive life changes. By providing quality care and support, they aim to increase the chances of recovery and improve overall well-being.

About [Options Addiction and Recovery](#) Services

Options Addiction and Recovery PLLC provides education, support, and therapeutic options to those suffering from drug addiction who wish to live a better life in recovery. This will allow individuals to live a better, drug-free life.



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