

Beverly Hills, CA (Newsworthy.ai) Saturday Jan 20, 2024 @ 12:00 PM Eastern —

[New Brain Institute](#), a leading facility dedicated to mental health treatment, is proud to introduce SPRAVATO™, an FDA-approved ketamine therapy for treatment-resistant depression (TRD) in adults. SPRAVATO™ is a nasal spray administered in the institute's state-of-the-art treatment center, providing hope to patients who have not found relief from traditional [antidepressant medications](#).

New Brain Institute proudly announces the introduction of SPRAVATO™, a [ketamine-based therapy](#), offering a novel approach to treating depression. This treatment is especially significant for patients who have not found relief with traditional antidepressants.

SPRAVATO™ is administered under strict medical supervision. The initial phase includes treatments twice a week for four weeks, followed by weekly sessions for one month. Depending on individual responses, the frequency may be adjusted to once every one or two weeks.

This [ketamine treatment](#) has demonstrated superior efficacy compared to traditional pharmaceuticals, positioning it as a promising solution for those struggling with depression. With minimal side effects, SPRAVATO™ is emerging as a game-changer in mental health care.

Each treatment session at the New Brain Institute involves extensive monitoring by healthcare professionals in a comfortable setting, ensuring patient safety and well-being. Patients are advised to avoid driving or operating machinery until the following day. The institute also provides various insurance options to make this transformative therapy more accessible.



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