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[My Gut Feelings Psychiatry](#) in North Bethesda, MD proudly announces its array of services, led by Dr. Mike Hoaglin and dedicated to offering innovative mental health treatment options. Committed to evidence-based practices, the team focuses on enhancing patients' mental well-being.

My Gut Feelings Psychiatry in North Bethesda, MD is a leading psychiatric practice that offers a wide range of services to address mental health concerns. Led by Dr. Mike Hoaglin, their team is dedicated to providing evidence-based treatments and improving the overall well-being of their patients.

A groundbreaking treatment at My Gut Feelings Psychiatry is the use of psychedelics, particularly ketamine, for severe or treatment-resistant depression. Intramuscular, intravenous, and intranasal ketamine show promising results, providing rapid relief. The clinic is also an approved REMS site for intranasal esketamine (Spravato), an FDA-approved treatment potentially covered by insurance.

Beyond [psychedelics](#), My Gut Feelings Psychiatry provides various services to address diverse mental health concerns. The medication management program optimizes treatment plans, ensuring the most effective medication regimen. The weight loss program combines psychiatric support and lifestyle modifications, aiding patients in achieving weight loss goals while improving overall mental well-being. Specializing in chronic gut health issues, the clinic uses a functional medicine approach to promote better gut health and enhance mental health outcomes.



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