

Murray, Utah (Newsworthy.ai) Wednesday Feb 21, 2024 @ 7:00 AM Eastern —

[Lone Peak Psychiatry](#), a leading psychiatric clinic in Murray, is thrilled to introduce ketamine therapy as an innovative treatment option for individuals grappling with mental health conditions. Specializing in Ketamine Assisted Psychotherapy (KAP), Lone Peak Psychiatry offers ketamine infusions administered by a team of trained and compassionate providers.

[Ketamine](#), a psychedelic medication with a proven track record as an FDA-approved anesthetic for over 50 years, has now demonstrated powerful anti-depressant effects when administered in very low doses. Recognizing the potential of this treatment, Lone Peak Psychiatry aims to assist patients dealing with depression, anxiety, PTSD, suicidal thoughts, OCD, and eating disorders.

Ensuring the safety and efficacy of [ketamine therapy](#), Lone Peak Psychiatry's team has undergone specialized training in administering ketamine while strictly adhering to the Ketamine Assisted Psychotherapy approach. The clinic provides a comfortable and private environment for treatment, with patients receiving the medication via an intramuscular shot in the arm while seated in a recliner and accompanied by soothing music. Continuous monitoring by compassionate and specially trained providers ensures the well-being of patients throughout the sessions.

Beyond offering ketamine therapy, Lone Peak Psychiatry actively contributes to the mental health community in Murray. They provide training sessions to other psychiatric providers in the community, empowering them to employ the Ketamine Assisted Psychotherapy approach and expand the availability of this groundbreaking treatment



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