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With mental health issues on the rise, the need for alternative therapeutic approaches has become apparent. Ketamine, a dissociative anesthetic commonly used in healthcare settings, has gained attention for its potential in treating depression. Ketamine therapy involves the administration of [ketamine](#) in a controlled and supervised environment, typically combined with psychotherapy sessions.

“Ketamine assisted psychotherapy has shown promising results in the treatment of depression. It acts quickly and can provide relief for individuals who have not responded well to traditional treatments. By combining the benefits of ketamine with targeted psychotherapy sessions, we are offering patients a comprehensive approach to mental health treatment.”

Kuya stresses the importance of identifying a “calling” to psychedelic medicine when considering ketamine therapy. “A calling to the medicine is an intuitive sense of knowing that one is ready to explore the potential benefits of ketamine therapy. It may present differently for each individual, but it serves as a significant indicator of readiness for this type of treatment.”

The key advantages of ketamine therapy include its potential to rapidly alleviate depressive symptoms and its ability to enhance the effectiveness of psychotherapy. By reducing depressive symptoms, individuals undergoing ketamine therapy are better able to engage in therapy and achieve long-lasting positive outcomes.

With the introduction of [ketamine](#) therapy, Kuya aims to fill a critical gap in the mental health treatment landscape. The therapy will be provided under the guidance of experienced professionals, ensuring the highest standard of care and safety for patients.

Kuya is committed to helping individuals find relief from depression and other mental health challenges through innovative and evidence-based treatments. They will continue to invest in research and development to advance the understanding and implementation of ketamine therapy for the benefit of their patients.



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