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[Balanced Mental Wellness](#), a leading mental health clinic in Denver, is now offering Ketamine Assisted Psychotherapy, a highly effective treatment option for individuals struggling with depression, anxiety, PTSD, and addictions. This unique approach combines the benefits of ketamine, a dissociative anesthetic, with therapeutic interventions to provide lasting relief and personal growth opportunities.

[Ketamine](#), safely used in emergency and surgical procedures since the 1970s, works on the neurotransmitter Glutamate to regenerate synaptic connections in the brain and enhance neuroplasticity. Ketamine's remarkable aspect is its ability to provide rapid antidepressant effects in as little as 24 hours, with the effects lasting for weeks to months. However, the combination of ketamine with therapy becomes essential for long-lasting results.

During the two-hour sessions at Balanced Mental Wellness, individuals receive either intramuscular injections or lozenges, depending on their specific needs. The process includes integration therapy both before and after the medicine, optimizing the overall therapeutic experience. This holistic approach allows the individual's inner healer to surface, fostering a sense of wholeness and self-discovery.

To begin their journey towards mental wellness, interested individuals can start with an information call and a free 15-minute consultation with a professional at Balanced Mental Wellness. This initial step enables individuals to discuss their specific needs and determine if Ketamine Assisted Psychotherapy is the right fit for them.

In conclusion, [Ketamine Assisted Psychotherapy](#) offers a groundbreaking and personalized solution to address mental health challenges. By combining the benefits of ketamine with therapeutic interventions, Balanced Mental Wellness empowers individuals to heal their wounds and rediscover their true essence. For those seeking lasting relief, personal growth, and a reconnection with their authentic selves, Ketamine Assisted Psychotherapy in Denver provides the ideal platform for transformation.



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