

Bend, OR (Newsworthy.ai) Wednesday Feb 14, 2024 @ 12:00 PM Eastern — Soul Psychedelic Systems is thrilled to announce the introduction of [Ketamine-Assisted Psychotherapy \(KAP\)](#). This cutting-edge treatment merges the benefits of psychotherapy with the potential of ketamine as a therapeutic drug. KAP has emerged as a promising therapy for individuals grappling with depression, anxiety, and post-traumatic stress disorder (PTSD).

[Ketamine](#), commonly utilized as an anesthetic, has demonstrated remarkable potential for mental health treatment. Through the integration of ketamine with psychotherapy, KAP seeks to enhance the therapeutic process by promoting emotional openness, alleviating symptoms of depression and anxiety, and potentially fostering neuroplasticity.

In a KAP session, a licensed therapist administers ketamine to the patient in a supervised clinical setting, guiding them through a psychotherapeutic journey. The session typically lasts approximately 2.5 hours, with weekly repetitions recommended for a specified duration.

Early studies have yielded encouraging results, with many patients reporting significant improvements in their mental health outcomes after undergoing KAP.

[Soul Psychedelic Systems](#) specializes in providing KAP, alongside other ketamine treatments, to address various conditions such as fibromyalgia, neurological pain, addiction, chronic pain, and suicidal ideations. Utilizing the effectiveness of intramuscular ketamine injections, the clinic ensures the most efficient delivery of treatment to its patients.

The introduction of Ketamine-Assisted Psychotherapy represents a significant stride in the field of mental health treatment, offering renewed hope for those grappling with [depression](#), [anxiety](#), and [PTSD](#). By uniting the power of ketamine and psychotherapy, Soul Psychedelic Systems aims to provide patients with cutting-edge therapies that can transform their lives.



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